

The Wheatsheaf Inn, Symington

GLUTEN FREE MENU

To Begin

A Bown of Cullen Skink	£9.95
A Bowl of Soup	£6.95
Smooth Pate with Redcurrant & Red Onion Chutney with Garlic Bread	£8.75
North Atlantic Prawns in a Marie Rose Sauce	£9.50
Smoked Haddock & Bacon in Leek Cream.....	£8.95
Pan Fried Hot Cajun Chicken Salad	£9.50
Chicken Breast Stir-Fry in Sweet Chilli Sauce	£9.50
Blue Cheese, Cheddar, Bacon & Pineapple Salad	£8.95

The End

Toffee & Tablet Sundae.....	£8.75
Chocolate Brownie with Ice Cream	£8.75
Strawberry Pavlova	£8.75
Vanilla Ice Cream with Chocolate, Toffee or Strawberry Sauce	£6.95

& Middle

Smoked Haddock with Leek & Onion Cream Glazed with Cheddar.....	£17.95
Fillet of Haddock in Leek & Onion Cream Glazed with Cheese	£17.95
Gammon Steak with Fried Egg or Pineapple	£17.95
Pan Fried Blackened Chicken with Creamy Cajun Sauce with Rice	£17.95
Breast of Chicken in Leek & Onion Cream Glazed with Cheddar	£17.95
Chicken Breast Stir-fry in Sweet Chilli Sauce with Rice & Salad.....	£17.95
Fillet Steak served with Fried Mushrooms & Tomato.....	£33.50
Prawns Marie Rose Salad	£17.95
Ham, Cheddar & Pineapple Salad	£16.95
Pan Fried Strips of Chicken & Bacon & Garlic Mayo Salad.....	£18.95
Pan Fried Strips of Blackened Chicken with Cajun Mayo Salad.....	£17.75
Pan Fried Strips of Beef Fillet in Sweet Chilli Sauce with Rice	£20.95
Pan Fried Strips of Beef Fillet in Creamy Cajun sauce with Rice.....	£20.95